

Lectio Divina For Youth

Select a Passage

Select a passage from the Old or New Testament. It should not be too long.

First Reading:

Slowly read the passage out loud.

Ask: **What do you wonder about?**

Second Reading:

Read the passage a second time.

Ask: **What touches your heart?**

Third Reading:

Read the passage a final time.

Ask: **What are you being called to?**